

FORTH PORTS PLC (“the Company”)

In accordance with Disclosure Rules 3.1.4 R, we write to inform you that the Company has made the following conditional awards under the Forth Ports PLC Long Term Incentive Plan adopted by the Company on 3 May 2006:-

Long Term Incentive Plan 2006

Executive Directors

Name of Awardee	Date of Award	Maximum Number of Shares Subject to Award	Class of Shares Subject to Award
Charles Graham Hammond	30.04.08	22,728	Ordinary Shares of Forth Ports PLC
William Wilson Murray	30.04.08	14,082	Ordinary Shares of Forth Ports PLC
Perry Dean Glading	30.04.08	13,834	Ordinary Shares of Forth Ports PLC

PDMRs

Name of Awardee	Date of Award	Maximum Number of Shares Subject to Award	Class of Shares Subject to Award
Morag McNeill, Group Company Secretary	30.04.08	8,894	Ordinary Shares of Forth Ports PLC
Nathan Thompson, Managing Director, Property Division	30.04.08	12,599	Ordinary Shares of Forth Ports PLC
Alan Burns, Director, Scottish Ports	30.04.08	6,917	Ordinary Shares of Forth Ports PLC

The number of shares which will ultimately vest will be wholly dependent upon demanding performance criteria being met. The performance criteria are based upon growth in NAV of the Company's development properties and growth in underlying ports profit.

No payment will be required from the Awardees for the shares which are subject to the award.

The Vesting Date for each award shall be 30th April 2011 or earlier upon the occurrence of an event stated in Rule 7.

Long Term Incentive Plan 2002

The Remuneration Committee has agreed to a 68.5% vesting of the LTIP shares conditionally awarded in 2005 to the following directors and PDMR's under the rules of the Plan. The vesting date is 30th April 2008.

Executive Director	Number of Shares
C G Hammond	12,771
W W Murray	8,027
P D Glading	7,298

PDMR	Number of Shares
A C Burns	3,648
M McNeill	4,379
N J Thompson	5,474

Following this notification, the Executive Directors and PDMR's are now interested in the following Ordinary Shares of 50p in the capital of the Company, namely:

Executive Director/PDMR	Ordinary Shares of 50p each (percentage of issued class)	Ordinary Shares of 50p conditionally vested under the Forth Ports Long Term Incentive Plan 2006
Mr C G Hammond	86,288 (0.189%)	63,806
Mr W W Murray	161,027 (0.353%)	39,672
Mr P D Glading	17,500 (0.038%)	37,821
Mr A C Burns	7,957 (0.017%)	19,948
Ms M McNeill	4,879 (0.011%)	24,382
Mr N J Thompson	5,474 (0.012%)	35,029

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