

FORTH PORTS PLC (“the Company”)

In accordance with Disclosure Rules 3.1.4 R, we write to inform you that the Company has made the following conditional awards under the Forth Ports PLC Long Term Incentive Plan adopted by the Company on 3 May 2006:-

Long Term Incentive Plan 2006

Executive Directors

Name of Awardee	Date of Award	Maximum Number of Shares Subject to Award	Class of Shares Subject to Award
Charles Graham Hammond	23.04.09	42,177	Ordinary Shares of Forth Ports PLC
William Wilson Murray	23.04.09	26,131	Ordinary Shares of Forth Ports PLC
Perry Dean Glading	23.04.09	25,673	Ordinary Shares of Forth Ports PLC

PDMRs

Name of Awardee	Date of Award	Maximum Number of Shares Subject to Award	Class of Shares Subject to Award
Morag McNeill, Group Company Secretary	23.04.09	16,504	Ordinary Shares of Forth Ports PLC
Nathan Thompson, Managing Director, Property Division	23.04.09	23,381	Ordinary Shares of Forth Ports PLC
Alan Burns, Director, Scottish Ports	23.04.09	12,837	Ordinary Shares of Forth Ports PLC

The number of shares which will ultimately vest will be wholly dependent upon demanding performance criteria being met. The performance criteria are based upon growth in NAV of the Company's development properties and growth in underlying ports profit.

No payment will be required from the Awardees for the shares which are subject to the award.

The Vesting Date for each award shall be 30th April 2012 or earlier upon the occurrence of an event stated in Rule 7.

The vesting of the shares conditionally awarded in 2006 is conditional on the meeting of performance criteria relating to growth over the vesting period in underlying ports profit and growth in NAV of the Company's development profit. The ports profit element of the award was achieved in full and there was no achievement of the NAV growth element. The following awards will therefore vest on 30th April 2009.

Executive Director	Number of Shares
C G Hammond	13,756
W W Murray	8,620
P D Glading	9,706

PDMR	Number of Shares
A C Burns	4,740
M McNeill	3,950
N J Thompson	2,257

Following this notification, the Executive Directors and PDMR's are now interested in the following Ordinary Shares of 50p in the capital of the Company, namely:

Executive Director/PDMR	Ordinary Shares of 50p each (percentage of issued class)	Ordinary Shares of 50p conditionally vested under the Forth Ports Long Term Incentive Plan 2006
Mr C G Hammond	96,773 (0.212%)	84,820
Mr W W Murray	171,620 (0.376%)	52,541
Mr P D Glading	24,806 (0.054%)	51,361
Mr A C Burns	12,697 (0.028%)	26,013
Ms M McNeill	9,329 (0.020%)	32,985
Mr N J Thompson	7,257 (0.016%)	47,123

Enquiries: Charles Hammond, Group Chief Executive, Forth Ports PLC, Tel: 0131 555 8700
Wilson Murray, Group Finance Director, Forth Ports PLC, Tel: 0131 555 8700
Jon Coles, Brunswick Group, Tel: 0207 404 5959