

## **Team of five attempt 54mile endurance challenge for Soldiers' Charity**

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### **PRESS RELEASE**

#### **FORTH PORTS TEAM TAKE PART IN CATERAN YOMP**

#### **FOR SOLDIERS' CHARITY**

This weekend (11-12 June) will see five colleagues from Forth Ports attempt the gruelling 54mile 'Cateran Yomp' in Perthshire to raise money for The Soldiers' Charity.

Cateran Yomp – a military term for a long distance march - is an adventure challenge where teams trek across 54 miles of farmland and footpaths, as well as the hills of the Cairngorms National Park, continuously over a 24 hour period.

The team from Forth Ports Scotland are Jason Thirlwall, Engineer; John Reid, Port Operator; Graeme Tweedie, Supervisor; and Scott Mitchell-Lay and Craig Wright both Sennebogen (mobile crane) Operators.

Forth Ports are fully behind the team and have donated £1,000 for their fundraising and also provided the team

with all the wearable kit they will need for the Yomp. The team are hoping to raise over £3,000.

Commenting on the training, Jason Thirlwall said: *“The team and I would like to thank Forth Ports for their generous donation and support with the kit for the trek. The charity is close to my heart being an ex-soldier and I know this Yomp will be tough for the team so we have been training hard and increasing our distance covered over the past few months. We know it will be a challenge and we expect many blisters, but we are looking forward to it and hope to report our success next week.”*

If you want to donate, please go to: <http://fundraising.soldierscharity.org/jasethirlwall?langPref=en-CA#.V1VRGdRz-gU.mailto>

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- ends -

#### **Further information:**

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#### **Notes to editors:**

#### **About Forth Ports Limited**

Forth Ports Limited owns and operates eight commercial ports in the UK – Tilbury on the Thames, Dundee on the Firth of Tay and six on the Firth of Forth – Leith, Grangemouth, Rosyth, Methil, Burntisland and Kirkcaldy.

Within and around the Firths of Forth and Tay, Forth Ports manages and operates an area of 280 square miles of navigable waters, including two specialised marine terminals for oil and gas export and provides other marine services, such as towage and conservancy.

[www.forthports.com](http://www.forthports.com) @forthports

#### **About the Charity:**

The Yomp is a charity fundraising event. All money will go towards helping soldiers, veterans and their families in times of greatest need. As well as supporting the work of ABF The Soldiers' Charity some of the money raised will go to supporting The Alliance Trust Foundation which helps disadvantaged families across Scotland.

For more information on the Charity and the Yomp go to: <http://www.soldierscharity.org/events/the-cateran-yomp/>